



Recipes

DelightMeMonthly

Ice Cream

Flavors

Maple Caramel Swirl

Cardamom Matcha

Lychee (3a)

Lychee (3b)

3 FroYo—Strawberry Lemonade

FroYo—StrawBlueBerry
Cheesecake

FroYo—Berry Cheesecake

Strawberry Lemonade FROYO

DelightMeMonthly

prep time

20-30 min

cook time

20 min

serves

6

Ingredients you need

250-270g (up to 1 pint)
strawberries (fresh or thawed)

½ Tbsp honey

½ Tbsp lemon juice

1 dash of lemon extract

225g (7.5 oz) plain whole milk
yogurt

¾ cup heavy cream

70g (1/3 cup) sugar

Instructions

- 1 Hull and dice strawberries or puree them in a food processor. Combine in a small bowl with honey, half the sugar, and lemon juice. Soak in fridge overnight.
- 2 Mix in the yogurt. Measure out the cold cream.
- 3 Add the strawberry mixture and the cold cream to the ice cream maker and allow to mix for 18 to 20 minutes.
- 4 Remove to a Tupperware container. [Optional] allow to freeze for 1-2 hours before serving.